

Bicycling Magazines Mountain Biking Skills by Ben Hewitt has been fully revised and updated to provide enthusiasts with all the tactics, tips, and techniques they need to master any type of terrain. Ride like a pro with help from the editors of Bicycling and Mountain Bike magazines. Learn the most effective ways to handle tough terrain, steer clear of hazardous obstacles, and even crash properly to avoid injury. Bursting with the latest strategies for riding faster and training better, this book will give mountain bikers the tools they need to be their best.

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Bicycling Magazine's Mountain Biking Skills has 24 ratings and 5 reviews. with all the tactics, tips, and techniques they need to master any type of terrain. Buy Bicycling Magazine's Mountain Biking Skills 2nd New edition by Bicycling Magazine, Ed Pavelka Tactics, Tips, and Techniques to Master Any Terrain.

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Our tips cover riding position, shifting, braking, where to look and trail etiquette. Mountain biking does require some different skills than road cycling. The variable terrain and the potential obstacles are all part of the fun but can be. Techniques and Tricks Aaron Rosenberg Richard's Mountain Bike Book. New York: Ballantine, Demattei, Susan Bicycling Magazine's Mountain Biking Skills: Tactics, Tip, and Techniques to Master Any Terrain. Emmaus, PA: Rodale.

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